



Birmingham Trust
for
Psychoanalytic Psychotherapy

Perspectives on Human Development: Online Course

In this short online course we will be exploring human development, with an emphasis on emotional development and personality development. We will look at some key periods in the life span, and considering their importance for development and some of the key issues, or developmental tasks, that characterise each period. At the same time we will be thinking about development itself, and some different ways in which we might conceptualise and understand development, including thinking about some of the theoretical frameworks within which development can be framed. Lastly we will also need to consider at least briefly, the question of method or methodology. In other words the ways in which knowledge about development can be generated.

This will include some study of larger theoretical frameworks such as psychoanalysis, attachment theory and developmental neuroscience, but also exploring some key themes that cut across these different theoretical perspectives, such as the relationships between nature and nurture, development and psychopathology, predictability and continuity vs randomness, unpredictability, and discontinuity and rupture, phases vs positions etc. There is also the larger question as to what extent the different perspectives are mutually compatible ways of thinking about growth and development or competing and contradictory alternative versions that one has to decide between.

Teaching

Teaching will be primarily through participation in online seminars and discussion, but also include self-directed learning, and assignment tasks.

How to Apply

If you are interested, to find out more or for an informal discussion please contact Matthew Jenkins matthew.jenkins1@icloud.com

